

SEASIDE

BEACHES:

Venere Azzurra - www.venereazzurra.com - well-equipped public beach

This hamlet is located on the coast in between Lerici and San Terenzo. Surrounded by lush green hillsides, it takes its name from the beach of the same name.

Baia Blu - www.labaiablu.it - well-equipped public and private beaches

The magnificent bay of Baia Blu is one of the most striking in the Region. It is hidden away between Punta Santa Teresa and Punta Galera, in between the villages of San Terenzo and Muggiano.

Fiascherino 1/2 - www.lericimare.com - well-equipped public and private beaches A stone's throw from Tellaro, towards Lerici, we find the beaches of Fiascherino hidden by picturesque cliffs full of atolls and ravines. They are incredibly charming and exciting spots, which great poets and authors such as Byron, Shelley, Lawrence and Soldati found it hard to leave.

San Terenzo - www.lericimare.com - public beach

Hidden away in the bay of San Terenzo, this is always a very popular beach.

Eco del Mare - www.ecodelmare.it - private beach

Located in the coves between Lerici and Tellaro, this is a charming, impressive spot.

Lido di Lerici - www.lidodilerici.com - private resort

This resort is located along the seafront between Lerici and San Terenzo: the beach gently slopes into the clean sea, as the tide stays low over a large stretch of sand. It's perfect for families with small children.

Il Colombo - www.hotelsanterenzo.it - private resort

Recently renovated, this resort is located along the coast joining Lerici and San Terenzo.

La Marinella di San Terenzo - public beach

This gorgeous bay is located along San Terenzo's promenade, just below the castle. It is accessible, free to enter and just a few minutes from the town centre. From here, you can enjoy the view over the entire Gulf of Lerici.

Behind the Castle of Lerici - public beach

This magical spot is set in a bay of exceptional natural and scenic beauty.

These three beaches were once very popular, but now only the third one is left because the first two have been reduced to mere strands.

"CALETTA" Underwater Archaeological Park

Located in the "La Cala" bay between the headlands of Maramozza and Maralunga, the depths of this park hold the remains of a Roman ship and its cargo. This is part of an underwater trail of great natural and archaeological interest due to the presence of rare species of marine flora and fauna, including gorgonians and cifree that are only found in clear, clean waters.







Located in one of the most beautiful bays in the Eastern Ligurian Riviera, Lerici offers the perfect combination between past and present: packed with historical and artistic treasures and religious tradition, this small town lives up to its name as a modern, wellequipped seaside resort. The region has always been a popular destination among the best poets and artists. Consequently, Lerici is known the world over as "The Gulf of

Lerici is famous for its mild climate, its sea and beaches, its walks, its historical and architectural heritage, its culture and its excellent cuisine.

The municipal area does not just include the famous Gulf between the Castles of San Terenzo and Lerici, along with the long beach of Venere Azzurra, but it also covers the picturesque hillside villages connected by panoramic trails and the hidden, secluded bays which open up in between the cliffs, as can be seen around Fiascherino and other small architectural gems such as Tellaro.

Since the history of Lerici has been lost in the mists of time, we don't know exactly when it was founded, but by studying its ancient name of "Portus Illycis", which could come from the Greek "Iliakos" (meaning Ilium or Troy), we can imagine that it was established by a group of exiles from the Trojan War.

Lerici was an important port in the Middle Ages, which had always been linked to the diocese of the Bishop of Luni: it was the point of arrival for wayfarers, pilgrims and merchants, who wanted to reach Northern Italy and Central Europe by travelling through the nerve centre of Sarzana. A road branches off Via Francigena leading to the Gulf of Poets since pilgrims for S. Jacopo di Compostela or for Rome used to leave from Lerici. It witnessed its greatest urban development between 1600 and 1700 thanks to the ship-owning nobility who lived in the town. Their ancient palaces and villas remain today. In the 1800s, so many illustrious things were written on the Risorgimento that Garibaldi called the people of Lerici "the strongest and most energetic in Italy". In 1857, Carlo Pisacane gathered eight of his loyal companions in Lerici for his expedition to Sapri, but the person who best embodied the spirit of the Risorgimento was Giuseppe Petriccioli. Together with Felice Orsini and Carlo Pisacane, he raised the Italian flag at Milan's Cathedral having fought long and hard at the barricades during the "Five Days of Milan".



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